2024 Spring Course Schedule

*Cover Designed by -NTS Digital Publishing

1515 South Munn Maryville, MO 64468
(660) 562-3022
https://nts.maryville.k12.mo.us/o/nts
Sign Language---NEW--24SPESL
This class is designed for students who know some basic sign language. We will build on the basics to expand the student’s knowledge of sign language. The students will be working on projects and games to learn the new language. New language learners are welcome too!

Instructor: Marcy Gilmore
Starts: Tuesday, February 6 (Tuesday’s and Thursday’s)
Length: 8 sessions 6:30 pm to 8:00 pm
Fee: $30

Introduction to Applied Behavior Analysis (ABA)— NEW--24SPEIABA
Applied Behavior Analysis (ABA) is a well-developed, research-based, scientific discipline among the helping professions that focuses on the analysis, design, implementation, and evaluation of social and other environmental modifications to produce meaningful changes in human behavior. ABA is not only an evidence-based practice for people diagnosed with Autism, it is also proven to be effective for other diagnoses such as ADHD and Depression. ABA may also be beneficial for neuro-typical, or “typically-developing”, individuals as well. Behavior is all around us—which means ABA can be applied to almost anything or anyone who demonstrates observable and measurable behavior. ABA is used in animal training, classroom management, substance abuse disorders, individuals with autism or developmental disabilities, and can be used with any person for self-management.

Instructor: Tenna Hazen, BCBA
Starts: Tuesday, February 6 (meets February 6, 13, & 20)
Length: 3 sessions 5:30 pm to 6:30 pm
Fee: $30

Introduction to Applied Behavior Analysis-with A Focus on Education---NEW--24SPABAFAE
Introduction to a scientific approach that can help caregivers and educators address challenging behaviors and learn strategies that can be used in the home, in school settings, and anywhere behaviors exist. ABA can be used to teach new skills and improve lives through behavior change.

Instructor: Tenna Hazen, BCBA
Starts: Tuesday, January 16 (meets January 16, 23 & 30)
Length: 3 sessions 5:30 pm to 6:30 pm
Fee: $30

Social Security---Take Full Advantage of Your Benefits—24SPEYFFP
You have been paying into Social Security for many years now. But what kind of benefit will it provide for you? When should you start taking your benefits? And will it even be able to pay you what you have been promised? Join us for this workshop when these questions, and many more, will be answered.

Instructor: Curtis J. Behrend, CFP, Financial Consultant
Starts: Tuesday, February 13
Length: 1 session 6:30 pm to 8:00 pm
Fee: free

5 Concepts to Retire with Confidence----24SPERC
There are many questions you probably have about how to transition from your working years to your retirement years. Questions like: How much income do we need to continue our current lifestyle in retirement? Or how can I keep my investments invested in the stock market while also providing ourselves with a secure income to ride out market fluctuations? Join us for this workshop to find out answers to these questions and to obtain other concepts you should be considering in preparation for retirement.

Instructor: Curtis J. Behrend, CFP, Financial Consultant
Starts: Tuesday, March 12
Length: 1 session 6:30 pm to 8:00 pm
Fee: free

Craft Beer Tasting Class: ---24SPECB
Black Pony Brewing Company: Craft Beer tasting class: Join our head brewer, DJ Gregory as he shares his knowledge of craft beer and explains the entire brewing process. You will then sample a selection of our craft beer and discuss flavors and feel of each. During the class, you will enjoy a tour of our brew house and a complementary pint of your choice. Must be 21 years or older.

Instructor: Black Pony Brewing Company, DJ Gregory
Starts: Thursday, February 29
Location: Black Pony Brewing Company, 101 E 4th Street
Length: 1 session 6:30 pm to 8:30 pm
Fee: $25

Dying with Ice:--24SPETD
Shake off the winter chill as we experiment with ice dying. A variety of colors will be available as you create a beautiful t-shirt that is sure to bounce you into warmer weather. As we are working with dye, please wear old clothing and shoes. T-shirts should be washed, but new or old 100% cotton shirts are acceptable. This activity is located outside the NTS entrance. Kids are welcome to register with an adult.

Instructor: Davina Gilham
Starts: Monday, May 20
Length: 1 session 3:30 pm to 5:00 pm
Fee: $12

Your Family Heritage & Genealogy-24SPEFH
Understanding the basics to getting started, organizing, and storage of research. Learn how to use birth, death, and marriage records to find clues to other family members. Databases and search techniques to try and help break through those brick walls your stuck at. Understand Census Records and the collateral information that can lead you on the trail of your ancestors. What records are available, where to find them, and source documentation. Has your Family Tree caught a bug? We will talk about cures and prevention for that. We will look at the benefits of DNA testing and what it can bring to your research. New developments in DNA research on MtDNA for males. Which DNA companies are the best for data. On-line genealogy research, vs. boots on the ground research, what are the benefits or disadvantages.

Instructor: John Campbell
Starts: Tuesday, March 5 (meets March 5, 12 & 19)
Length: 3 sessions 6:00 pm to 8:00 pm
Fee: $30
An Introduction to Voiceovers—24SPEATV
“Wow, you have a great voice!” Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, “I could do that!” Want to earn income using your talents from the comfort of your home? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from Voices for All, in a one-on one, personalized, video chat setting. Discover the current trends in the industry and how easy and affordable it can be to learn, set up and work from home. In this onetime, 90-minute, introductory class, you’ll also learn about the different types of voiceovers and the tools you’ll need to find success. Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery, taking notes on your performance to create a professional voiceover evaluation Voice Acting Education...Redefined! delivered to you in a follow up call. 
Learn more: http://www.voicesforall.com/ooo

Instant Piano for Hopelessly Busy People——24SPEIP
In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration.

Instructor: Craig Coffman
Starts: Monday, April 1
Length: 1 session 6:30 pm to 9:30 pm
Location: Zoom Session
Fee: $69 per person

ACT Prep—24SPEACTP
Are you dreading the four-hour monster known as the ACT? ACT Prep class will help you get familiar with the four subtests, learn some tricks for each section, and help you to feel more at ease and prepared to take on the challenge of the test. Each session will focus on one of the subtests (English, Math, Reading and Science) with time to work practice problems. We will also cover tips for the writing portion, as well as the ACT rubric for scoring. So, bring your calculator, some #2 wooden pencils, and your willingness to work and join us to prepare for the ACT!

Instructor: Stacey Calfee
Starts: Wednesday, January 31 (meets January 31, Feb 7, Feb 14, 21, 28 and March 6)
Length: 6 sessions 5:30 pm to 7:30 pm
Fee: $60

Instant Guitar for Hopelessly Busy People——24SPEIG
In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also, an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration. For ages 13+.

Instructor: Craig Coffman
Starts: Tuesday, April 2
Length: 1 session 6:30 pm to 9:00 pm
Location: Zoom Session
Fee: $69 per person

Introduction to Bee Keeping 101—24SPEBK
Have you thought about what it would take to be a Bee Keeper? Learn the basics of Bee Keeping and decide whether or not you would like to pursue the adventure of building a hive, taking care of Bee’s, and maintaining Bee’s. If there is enough interest, we will have a hands-on experience later in the spring with an additional fee. This one session course will just give you an introduction to what it would take to be a successful Bee Keeper.

Instructor: NW MO Bee Busters
Starts: Saturday, January 13
Length: 1 session 1:00 pm to 5:00 pm
Fee: $12

Bee Keeping 201—24SPEBK2
This class brings to you more advanced techniques of Bee Keeping. Learn how to nucs (split) hives and how to combine hives. What are some of the diseases in hives that cause hives to be lost? This class will help a Bee Keeper learn what to look for to maintain a healthy hive.

Instructor: NW MO Bee Busters
Starts: Saturday, February 10
Length: 1 session 1:00 pm to 5:00 pm
Fee: $12

Practical Soil Fertility and Crop Nutrition—NEW--24SPSFCN
This class consists of five sessions of soil fertility targeted to area row crop, small grain and forage producers. Sessions will focus on timing, nitrogen sources including rates, timing, sources and biologicals, phosphorus and potassium, secondary and micronutrients, soil sampling, understanding soil tests and tissue testing.

Instructor: Wayne Flanary, Field Specialist in Agronomy, University of Missouri Extension
Starts: Monday, January 22 (Meets January 22, 29, February 5, 12 & 19)
Length: 5 sessions 6:00 pm to 9:00 pm
Fee: $60 includes materials
Pre-Class Meeting for Zen Pups—24SPEPC
Learn about all the fun and exciting perks of joining Zen Pups. Attend this meeting without your dogs and we will cover all areas of this class to see if it is a good fit for you and your canine buddy. This is an information meeting only. No dogs are to attend.

Instructor: Elaine Wallace, Certified Dog Trainer, Pet Partner Instructor and Evaluator, AKC Evaluator, Zigzag puppy consultant
Starts: Saturday, April 6
Length: 1 session 10:00 am to 11:00 am
Fee: Free

Zen Pups—24SPEZP
Come join us to learn how to have a better relationship with your dog. We will be teaching skills and manners in a unique game-based way. We would love to have you and your pup join us. Canine Good Citizen testing will be available on the last day of class for no additional charge. No prong collars, choke chains or shock collars allowed in class. Certificate of proof of Rabies immunization is required before starting class.

Instructor: Elaine Wallace, Certified Dog Trainer, Pet Partner Instructor and Evaluator, AKC Evaluator, Zigzag puppy consultant
Starts: Saturday, April 13 (meets April 13, 20, 27, May 4, 11 & 18)
Length: 6 sessions 10:00 am to 11:00 am
Fee: $125

HEALTH AND WELL-BEING

Taking Care of You—NEW—24SHWTC
Are you stressed out? Do you feel like you never have a chance to calm down in life? Then this class may be for you. Taking Care of You is a multisession program offering practical strategies and experiences to help people deal with the stress in their life. The program’s activities are aimed at increasing mindfulness, positive emotions, optimism, resiliency to stress, coping skills and self-care of the body, mind and spirit.

Instructor: Katie Pemberton
Starts: Thursday, April 11 (meets April 11, 18, 25, May 2, 9, 16, 23, 30)
Length: 8 sessions 10:00 am to 11:00 am
Fee: $40

Master Gardener (EMG) Training—NEW-24SHWMG
Want to learn more about gardening? Do you have a passion for sharing gardening information and making your community a more beautiful place? Join us for the Extension Master Gardener (EMG) Training in the northwest area. This program’s train-the-trainer mission is sharing research-based horticulture information with the public through educational outreach.

EMG training will help you:
• Gain new horticulture knowledge and become a community resource for science-based information
• Educate adults and children about the gardening benefits
• Meet fellow gardeners

Jan 22: Introduction and Orientation
Jan 29: Soils
Feb 5: Plants and their Environment
Feb 12: Herbaceous Ornamentals
Feb 19: Woody ornamentals (Class held at Nodaway County Administration Center)
Feb 26: Vegetable Gardening
Mar 4: Home Lawn Care
Mar 11: Landscape Design
Mar 18: Plant Health and Diseases
Mar 25: NO CLASS
April 1: Home Fruit Production (Class held at Nodaway County Administration Center)
April 8: Plant Propagation
April 15: Insects, IPM, & Environmental Stewardship
April 22: Special Topics
April 29: Project Presentations
May 6: Graduation Celebration

Program requirements:
• Access to a computer, internet, and email address
• A desire to learn, work completion, and readiness to volunteer on Master Gardener projects
• Attendance at all sessions is essential. Only 3 absences are allowed and must be made up
• Class projects are required and will help you learn how to teach gardening to others
• Following graduation, complete 30 hrs in approved Master Gardener projects. If you do not want to volunteer, consider:
  - Starting a Garden mini-series program: learn gardening basics, no volunteer requirements
  - MU EMG online training
• Min. age = 16 yrs
• A desire to volunteer
• Horticulture knowledge and skills are not required

Instructor: Gwenlyn Funk, Field Specialist in Horticulture, University of Missouri Extension
Starts: Monday, January 22
Length: 15 sessions 2:00 pm to 5:00 pm
Fee: $205 (includes EMG Core Manual)
Starting a Vegetable Garden: --NEW—24SSVG
Learn the basics from garden planning to garden management—topics to assist beginning home gardeners successfully grow their own vegetable garden. (2 Part Series)

Part 1 (Spring Semester) 5 Sessions, 1.5 hours each
- Jan 30: Garden planning
- Feb 6: Cool season vegetables
- Feb 13: Warm season vegetables
- Feb 27: Soils
- Mar 5: Special topics (to be determined by participants: herbs, specialty crops, containers, etc)

Instructor: Gwenlyn Funk, Field Specialist in Horticulture, University of Missouri Extension
Starts: Tuesday, January 30 (Tuesday’s January 30, February 6, February 13, February 27 & March 5)
Length: 5 sessions 10-11:30 am
Fee: $55 (includes gardening notebook, handouts, hands-on activities with take-home items)

Part 2 (Summer Semester) 3 sessions, 1.5 hours each
- June 4: Diseases
- June 11: Insects
- June 25: Weeds

Instructor: Gwenlyn Funk, Field Specialist in Horticulture, University of Missouri Extension
Starts: Tuesday, June 4 (Tuesday’s June 4, June 11, & June 25)
Length: 3 sessions 10:00 am to 11:30 am
Fee: $45 (includes gardening notebook, handouts, hands-on activities)

Pressure Canning –24SHWCS
Learn the basics of canning at home safely. In this class we will learn about safe canning procedures and then can fresh produce using a pressure canner. This class is designed for those who are new to canning as well as those who need a refresher on safe canning procedures.

Instructor: Debbie Bennett, Nutrition and Health Education Specialist for University of Missouri Extension
Starts: Tuesday, April 16 5:30 pm to 8:00 pm
Length: 1 session
Fee: $25

Growing Fresh Herbs-----24SHWNHR
Learn how to grow fresh herbs from seed or plant. Basil, garlic, thyme and parsley are just a few of the herbs you will learn about.

Instructor: Shari Patterson
Starts: Saturday, February 17
Length: 1 session 1:00 pm to 3:00 pm
Fee: $15

First Aid with Herbal and Natural Remedies--24SHWFAHNR
During this class we will go over the basics of developing a first aid kit using herbal application.

Instructor: Shari Patterson
Starts: Saturday, March 9
Length: 1 session 1:00 pm to 3:00 pm
Fee: $15

Eating to Beat Inflammation----24SHWAICC
Learn how using food choices can minimize inflammation.

Instructor: Shari Patterson
Starts: Saturday, January 27
Length: 1 session 1:00 pm to 3:00 pm
Fee: $15

Exploring A New World---NEW-24SHWEANW
A look at current events with new eyes. Understanding change. What is karma. A daily search for bliss and joy. Conversations worth participating in or just listening. Excited to see the curiosity seekers.

Instructor: Sue Hickey
Starts: Thursday, February 1 (meets February 1, 8, 15, & 22)
Length: 4 sessions 7:30 pm to 8:30 pm
Fee: Free
**ARTS & CRAFTS**

**Introduction to Rug Braiding—24SACWRB**
Come learn about the different materials that can be used to make a braided rug or a runner for your home. The 1st session will be picking out the size of your project and estimating fabrics and the size of your rug or runner. The 2nd session will be braiding and laying your rug or runner.

**Instructor:** Caroline Petersen  
**Starts:** Tuesday, March 12 & 19  
**Length:** 2 sessions 6:00 pm to 7:00 pm  
**Fee:** $20

**Kindred Spirits Painting Class—24SAKP**
Even if you have never picked up a brush, but always wanted to paint, then come and join me. Acrylic paint on canvas. Each class will take home a finished painting. We will kick off the semester with a cute painting of crows. All supplies are included in the class fee. Just bring your smile and a desire to learn something new!

**Instructor:** Elaine Wallace  
**Starts:** Saturday, April 6  
**Length:** 1 session 11:30 am-2:30 pm  
**Fee:** $35 per person  
**Also Offered**  
**Starts:** Saturday, May 4  
**Length:** 1 session 11:30 am 2:30 pm  
**Fee:** $35 per person

**Acrylic Pouring— 24SCPO**
Come try acrylic paint pouring to create your own masterpiece. It’s easy, fun and surprising what anyone can create. Bring along 2-3 bottles of acrylic paint that you’d like to combine, plus black and white. Paint should be all the same brand. They should look good together and have good contrast. They can be gloss or matte. Also needed are 2 canvases no larger than 9 x 12, rubber gloves, a shallow box to carry each canvas home in. Any questions, call teacher. Small fee for supplies used.

**Instructor:** Patty Bagby  
**Starts:** Tuesday, April 9 & 16  
**Length:** 2 sessions 7:00 pm 9:00 pm  
**Fee:** $22

**Beginning Watercolor—24SCCBWP**
Have you always admired beautiful Watercolors and wished you could paint like that even though you’ve heard it is the most difficult painting medium? Come dispel the myth and learn the techniques to make watercolor do what YOU want it to do. We’ll learn the basics and then build on that as we create paintings you’ll be proud of. Bring what watercolor supplies you already own. Call instructor for help in picking new supplies for the class.

**Instructor:** Patty Bagby  
**Starts:** Thursday, April 4 (meets April 4, 11, 18 & 25)  
**Length:** 4 sessions 7:00 pm to 9:30 pm  
**Fee:** $75 (plus supplies)

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**THE DRIVER’S PERMIT ACADEMY**

*in Kansas City & St. Joseph!*

Both in-class and virtual class options are available.

**Classes at St. Joseph Safety & Health Council,**  
3131 Frederick Ave., Suite 220, St. Joseph  
and  
**Classes at 2nd Floor Meeting Room, Admin Building,** 415 Third St., Platte City

Cost : $40 per student. Limit 25 students in-person per class. Please note: This is for students seeking Instruction Permit only.

No hands on driving instruction will be taking place during this class.

Register online at [www.stjoesafetycouncil.org](http://www.stjoesafetycouncil.org)

**TOPICS COVERED WILL INCLUDE:**
- Defensive Driving  
- Occupant Restraints  
- Road Sign Recognition  
- The Missouri Driver’s Guide  
- Rules of the Road  
- Practice Written Test(s)

**Let us help you prepare your soon-to-be drivers!**

Contact the Safety Council if you have questions about our Teen Driver’s Education program, which is driving instruction designed for permitted teens who are working toward obtaining their intermediate driver’s licenses.
## NW Technical School Schedule – Spring 2024

### Personal Enrichment - Fun

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<thead>
<tr>
<th>Date</th>
<th>Course</th>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Length</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/6</td>
<td>Sign Language—<em>NEW</em></td>
<td>Marcy Gilmore</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>8 sessions</td>
<td>$75</td>
<td>NTS</td>
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<tr>
<td>2/6</td>
<td>Introduction to Applied Behavior Analysis — <em>NEW</em></td>
<td>Tenna Hazen</td>
<td>Tuesday</td>
<td>5:30 pm to 6:30 pm</td>
<td>3 sessions</td>
<td>$30</td>
<td>NTS</td>
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<tr>
<td>1/16</td>
<td>Intro to ABA—with A Focus on Education—<em>NEW</em></td>
<td>Tenna Hazen</td>
<td>Tuesday</td>
<td>5:30 pm to 6:30 pm</td>
<td>3 sessions</td>
<td>$30</td>
<td>NTS</td>
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<tr>
<td>2/13</td>
<td>Social Security—Take Full Advantage of Your Benefits</td>
<td>Curtis J. Behrend</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
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<tr>
<td>3/12</td>
<td>5 Concepts to Retire with Confidence</td>
<td>Curtis J. Behrend</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
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<tr>
<td>2/29</td>
<td>Craft Beer Tasting Class</td>
<td>DJ Gregory</td>
<td>Thursday</td>
<td>6:30 pm to 8:30 pm</td>
<td>1 session</td>
<td>$25</td>
<td>101 E 4th St</td>
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<tr>
<td>5/20</td>
<td>Dying with Ice</td>
<td>Davina Gilham</td>
<td>Monday</td>
<td>3:30 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
<td>NTS</td>
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<tr>
<td>3/5</td>
<td>Your Family Heritage &amp; Genealogy</td>
<td>John Campbell</td>
<td>Tuesday</td>
<td>6:00 pm to 8:00 pm</td>
<td>3 sessions</td>
<td>$30</td>
<td>NTS</td>
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<tr>
<td></td>
<td>An Introduction to Voiceovers</td>
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<td></td>
<td>Learn more: <a href="http://www.voicesfonall.com/ooo">http://www.voicesfonall.com/ooo</a></td>
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<tr>
<td>4/1</td>
<td>Instant Piano for Hopelessly Busy People</td>
<td>Craig Coffman</td>
<td>Monday</td>
<td>6:30 pm to 9:30 pm</td>
<td>1 session</td>
<td>$69/person</td>
<td>Zoom</td>
</tr>
<tr>
<td>4/2</td>
<td>Instant Guitar for Hopelessly Busy People</td>
<td>Craig Coffman</td>
<td>Tuesday</td>
<td>6:30 pm to 9:00 pm</td>
<td>1 session</td>
<td>$69/person</td>
<td>Zoom</td>
</tr>
<tr>
<td>1/31</td>
<td>ACT Prep</td>
<td>Stacey Calfee</td>
<td>Wednesday</td>
<td>5:30 pm to 7:30 pm</td>
<td>6 sessions</td>
<td>$60</td>
<td>NTS</td>
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<tr>
<td>1/13</td>
<td>Introduction to Bee Keeping 101</td>
<td>NW MO Bee Busters</td>
<td>Saturday</td>
<td>1:00 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
<td>NTS</td>
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<tr>
<td>2/10</td>
<td>Bee Keeping 201</td>
<td>NW MO Bee Busters</td>
<td>Saturday</td>
<td>1:00 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
<td>NTS</td>
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<tr>
<td>1/22</td>
<td>Practical Soil Fertility and Crop Nutrition—<em>NEW</em></td>
<td>Wayne Flanary,</td>
<td>Monday</td>
<td>6:00 pm to 9:00 pm</td>
<td>5 sessions</td>
<td>$60 plus materials</td>
<td>NTS</td>
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<tr>
<td>4/6</td>
<td>Pre-Class Meeting for Zen Pups</td>
<td>Elaine Wallace</td>
<td>Saturday</td>
<td>10:00 am to 11:00 am</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
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<tr>
<td>4/13</td>
<td>Zen Pups</td>
<td>Elaine Wallace</td>
<td>Saturday</td>
<td>10:00 am to 11:00 am</td>
<td>6 sessions</td>
<td>$125</td>
<td>NTS</td>
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### Health and Well-Being

<table>
<thead>
<tr>
<th>Date</th>
<th>Course</th>
<th>Instructor</th>
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<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/11</td>
<td>Taking Care of You—<em>NEW</em></td>
<td>Katie Pemberton</td>
<td>Thursday</td>
<td>10:00 am to 11:00 am</td>
<td>8 sessions</td>
<td>$40</td>
<td>NTS</td>
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<tr>
<td>1/22</td>
<td>Master Gardener (EMG) Training—<em>NEW</em></td>
<td>Gwenlyn Funk</td>
<td>Monday</td>
<td>2:00 pm to 5:00 pm</td>
<td>15 sessions</td>
<td>$205</td>
<td>Manual Included</td>
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<tr>
<td>1/30</td>
<td>Starting a Vegetable Garden: Part 1—<em>NEW</em></td>
<td>Gwenlyn Funk</td>
<td>Tuesday</td>
<td>10:00 am to 11:30 am</td>
<td>5 sessions</td>
<td>$55</td>
<td>NTS</td>
</tr>
<tr>
<td>6/4</td>
<td>Starting a Vegetable Garden: Part 2—<em>NEW</em></td>
<td>Gwenlyn Funk</td>
<td>Tuesday</td>
<td>10:00 am to 11:30 am</td>
<td>3 sessions</td>
<td>$45</td>
<td>NTS</td>
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<tr>
<td>4/16</td>
<td>Pressure Canning</td>
<td>Debbie Bennett</td>
<td>Tuesday</td>
<td>5:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>$25</td>
<td>NTS</td>
</tr>
<tr>
<td>2/17</td>
<td>Growing Fresh Herbs</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
</tr>
<tr>
<td>3/9</td>
<td>First Aid with Herbal and Natural Remedies</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
</tr>
<tr>
<td>1/27</td>
<td>Eating to Beat Inflammation</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
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<tr>
<td>2/1</td>
<td>Exploring A New World—<em>NEW</em></td>
<td>Sue Hickey</td>
<td>Thursday</td>
<td>7:30 pm to 8:30 pm</td>
<td>4 sessions</td>
<td>Free</td>
<td>NTS</td>
</tr>
</tbody>
</table>

### Arts & Crafts

<table>
<thead>
<tr>
<th>Date</th>
<th>Course</th>
<th>Instructor</th>
<th>Day</th>
<th>Time</th>
<th>Length</th>
<th>Fee</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/12</td>
<td>Introduction to Rug Braiding</td>
<td>Caroline Petersen</td>
<td>Tuesday</td>
<td>6:00 pm to 7:00 pm</td>
<td>2 sessions</td>
<td>$20</td>
<td>NTS</td>
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<tr>
<td>4/6, 5/4</td>
<td>Kindred Spirits Painting Class</td>
<td>Elaine Wallace</td>
<td>Saturday</td>
<td>11:30 pm to 2:30 pm</td>
<td>1 session</td>
<td>$35 per person</td>
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<tr>
<td>4/9, 4/16</td>
<td>Acrylic Pouring</td>
<td>Patty Bagby</td>
<td>Tuesday</td>
<td>7:00 pm to 9:00 pm</td>
<td>2 sessions</td>
<td>$22</td>
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<tr>
<td>4/4</td>
<td>Beginning Watercolor</td>
<td>Patty Bagby</td>
<td>Thursday</td>
<td>7:00 pm to 9:30 pm</td>
<td>4 sessions</td>
<td>$75 plus materials</td>
<td>NTS</td>
</tr>
<tr>
<td>DATE</td>
<td>COURSE</td>
<td>INSTRUCTOR</td>
<td>DAY</td>
<td>TIME</td>
<td>LENGTH</td>
<td>FEE</td>
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<tr>
<td>2/6</td>
<td>Sign Language</td>
<td>Marcy Gilmore</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>8 sessions</td>
<td>$75</td>
<td>NTS</td>
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<tr>
<td>2/13</td>
<td>Introduction to Applied Behavior Analysis</td>
<td>Tenna Hazen</td>
<td>Tuesday</td>
<td>5:30 pm to 6:30 pm</td>
<td>3 sessions</td>
<td>$30</td>
<td>NTS</td>
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<tr>
<td>1/16</td>
<td>Intro to ABA—with A Focus on Education</td>
<td>Curtis J. Behrend</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
</tr>
<tr>
<td>3/12</td>
<td>5 Concepts to Retire with Confidence</td>
<td>Curtis J. Behrend</td>
<td>Tuesday</td>
<td>6:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
</tr>
<tr>
<td>2/29</td>
<td>Craft Beer Tasting Class</td>
<td>DJ Gregory</td>
<td>Thursday</td>
<td>6:30 pm to 8:30 pm</td>
<td>1 session</td>
<td>$25</td>
<td>101 E 4th St</td>
</tr>
<tr>
<td>5/20</td>
<td>Dying with Ice</td>
<td>Davina Gilham</td>
<td>Monday</td>
<td>3:00 pm to 5:00 pm</td>
<td>1 session</td>
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<td>NTS</td>
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<tr>
<td>3/5</td>
<td>Your Family Heritage &amp; Genealogy</td>
<td>John Campbell</td>
<td>Tuesday</td>
<td>6:00 pm to 8:00 pm</td>
<td>3 sessions</td>
<td>$30</td>
<td>NTS</td>
</tr>
<tr>
<td>2/10</td>
<td>Bee Keeping 101</td>
<td>NW MO Bee Busters</td>
<td>Saturday</td>
<td>1:00 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
<td>NTS</td>
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<tr>
<td>1/22</td>
<td>Practical Soil Fertility and Crop Nutrition</td>
<td>Wayne Flanary</td>
<td>Monday</td>
<td>6:00 pm to 9:00 pm</td>
<td>5 sessions</td>
<td>$60 plus materials</td>
<td>NTS</td>
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<tr>
<td>4/6</td>
<td>Pre-Class Meeting for Zen Pups</td>
<td>Elaine Wallace</td>
<td>Saturday</td>
<td>10:00 am to 11:00 am</td>
<td>1 session</td>
<td>Free</td>
<td>NTS</td>
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<tr>
<td>4/13</td>
<td>Zen Pups</td>
<td>Elaine Wallace</td>
<td>Saturday</td>
<td>10:00 am to 11:00 am</td>
<td>6 sessions</td>
<td>$125</td>
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<tr>
<td>1/31</td>
<td>ACT Prep</td>
<td>Stacey Calfee</td>
<td>Wednesday</td>
<td>5:30 pm to 7:30 pm</td>
<td>6 sessions</td>
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<tr>
<td>1/13</td>
<td>Introduction to Bee Keeping 101</td>
<td>NW MO Bee Busters</td>
<td>Saturday</td>
<td>1:00 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
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<tr>
<td>2/10</td>
<td>Bee Keeping 201</td>
<td>NW MO Bee Busters</td>
<td>Saturday</td>
<td>1:00 pm to 5:00 pm</td>
<td>1 session</td>
<td>$12</td>
<td>NTS</td>
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<tr>
<td>1/22</td>
<td>Master Gardener (EMG) Training</td>
<td>Gwenlyn Funk</td>
<td>Monday</td>
<td>2:00 pm to 5:00 pm</td>
<td>15 sessions</td>
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<tr>
<td>1/30</td>
<td>Starting a Vegetable Garden: Part 1</td>
<td>Gwenlyn Funk</td>
<td>Tuesday</td>
<td>10:00 am to 11:30 am</td>
<td>5 sessions</td>
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<tr>
<td>6/4</td>
<td>Starting a Vegetable Garden: Part 2</td>
<td>Gwenlyn Funk</td>
<td>Tuesday</td>
<td>10:00 am to 11:30 am</td>
<td>3 sessions</td>
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<tr>
<td>4/16</td>
<td>Pressure Canning</td>
<td>Debbie Bennett</td>
<td>Tuesday</td>
<td>5:30 pm to 8:00 pm</td>
<td>1 session</td>
<td>$25</td>
<td>NTS</td>
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<tr>
<td>2/17</td>
<td>Growing Fresh Herbs</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
</tr>
<tr>
<td>3/9</td>
<td>Roll Fun—Make and Take</td>
<td>Donna Lewis</td>
<td>Wednesday</td>
<td>5:00 pm to 6:30 pm</td>
<td>1 session</td>
<td>$24</td>
<td>NTS</td>
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<tr>
<td>3/18</td>
<td>First Aid with Herbal and Natural Remedies</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
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<tr>
<td>1/27</td>
<td>Eating to Beat Inflammation</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$15</td>
<td>NTS</td>
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<tr>
<td>4/27</td>
<td>Cooking with Fresh Herbs</td>
<td>Shari Patterson</td>
<td>Saturday</td>
<td>1:00 pm to 3:00 pm</td>
<td>1 session</td>
<td>$20</td>
<td>NTS</td>
</tr>
<tr>
<td>5/28</td>
<td>Kids in the Kitchen</td>
<td>Marci Behrens</td>
<td>Tuesday</td>
<td>8:00 am to 12:00 pm</td>
<td>2 sessions</td>
<td>$39</td>
<td>NTS</td>
</tr>
<tr>
<td>1/23</td>
<td>Dining with Diabetes</td>
<td>Debbie Bennett</td>
<td>Tuesday</td>
<td>5:30 pm to 7:30 pm</td>
<td>4 sessions</td>
<td>$65</td>
<td>NTS</td>
</tr>
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<td>NTS</td>
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<tr>
<td>2/27</td>
<td>Cake Decorating 101</td>
<td>Karlene Jenkins</td>
<td>Tuesday</td>
<td>6:30 pm to 9:00 pm</td>
<td>3 sessions</td>
<td>$30 plus supplies</td>
<td>NTS</td>
</tr>
<tr>
<td>2/3</td>
<td>Artisan Sourdough Class</td>
<td>Annalise Herrera</td>
<td>Saturday</td>
<td>10:00 am to 12:30 pm</td>
<td>3 sessions</td>
<td>$45</td>
<td>NTS</td>
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<td>$30 plus supplies</td>
<td>NTS</td>
</tr>
</tbody>
</table>

**COOKING**

**YOUTH**

**TECHNICAL**

**HEALTH CARE**

**BUSINESS & COMPUTERS**

**DANCE & MUSIC**
**Roll Fun-Make and Take——24SHWRF**
Learn the basics of home-made rolls and cinnamon rolls. Learn the steps to making delicious rolls and get to taste and leave with rolls. Please bring a pan to class for baking rolls.

**Instructor:** Donna Lewis  
**Starts:** Wednesday, March 13  
**Length:** 1 session 5:00 pm to 6:30 pm  
**Fee:** $24

**Cake Decorating 101—24SCCD**
Learn basic cake decorating, some borders, flowers and some leaves.

**Instructor:** Karlene Jenkins  
**Starts:** Tuesday, February 27 (meets February 27, March 5 & March 12)  
**Length:** 3 sessions 6:30 pm to 9:00 pm  
**Fee:** $30 plus supplies-tips # 3, #20, #67, #104 flower nail #7, 2 - 10 inch reusable bags, 2-couplers and a set of colors.

**Artisan Sourdough Class——NEW—24SCASC**
Learn the art of baking bread as beautiful as it is delicious! In this hands-on class, we will work through each of the steps of the sourdough process, from feeding a starter, mixing dough, shaping loaves, scoring to baking. Whether you are a sourdough beginner, or have some experience and want to polish your technique, this course is for you! We will also discuss various topics such as baking with sourdough discard, hydration levels, health benefits of sourdough, and will sample recipes made with various sourdough processes. You will leave with your own starter, dough to bake at home, a sample of a loaf baked in class, recipes, and confidence to tackle it all in your own at home.

**Instructor:** Annalise Herrera, Frost and Flourish Boutique Bakery  
**Starts:** Saturday, February 3 (meets February 3, March 2 & April 13)  
**Length:** 3 sessions- 10:00 am to 12:30 pm  
**Fee:** $45

**Cooking with Fresh Herbs- 24SHWCFH**
We will discuss herbs and learn the benefits to rosemary and tarragon. Recipes will be shared as well as cooking and tasting.

**Instructor:** Shari Patterson  
**Starts:** Saturday, April 27  
**Length:** 1 session 1:00 pm to 3:00 pm  
**Fee:** $20

**Dining with Diabetes---24SHWDD**
Dining with Diabetes is a cooking class for adults. During four weekly classes, participants will learn how to prepare diabetes-friendly meals. Participants will also learn proven strategies to better manage, prevent or delay complications related to diabetes. This class is open to anyone diabetics, pre-diabetics, caregivers, or anyone who wants to learn how to prevent diabetes. Each two-hour session includes classroom instruction was well as preparation of diabetic-friendly meal. **Must have a minimum of six participants to hold the class, so tell your friends!**

**Instructor:** Debbie Bennett, Nutrition and Health Education Specialist for University of Missouri Extension  
**Starts:** Tuesday, January 23 (January 23, 30, February 6 and 13) 5:30 pm to 7:30 pm  
**Length:** 4 sessions  
**Fee:**

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**Looking for a degree in Industrial Technology?**
For more information contact:  
[www.ncmissouri.edu](http://www.ncmissouri.edu)  

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**SPRING Courses - Northwest Technical School**

**FEATURES INCLUDE:**
- Self-paced, Start anytime  
- 24/7 Access  
- Books and materials included  
- Certificate of Completion  
- Certification Exam Voucher may be included  
- Financial assistance available  
- Student Advisors Included  
- Industry Recognized Certifications  
- Counselors help match your interests

**ONLINE ADVANCED CAREER TRAINING**
Learn in-demand skills around your schedule. This online, self-paced training is designed to prepare you for entry or advancement in career opportunities.

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Train for an in-demand healthcare career in medical billing and coding and prepare for industry certification in this course.

**COMPITA CERTIFICATION TRAINING: A+, NETWORK+, SECURITY+ (Vouchers Included)**
Get a comprehensive foundation for IT professionals; incorporating CompTIA A+, CompTIA Network+, and CompTIA Security+ specific training, and preparing you for the corresponding industry certification exams.

**PHARMACY TECHNICIAN (Voucher Included)**
Train to enter this rapidly growing field as a Pharmacy technician, supporting licensed pharmacists in providing health care to patients.

**HUMAN RESOURCES PROFESSIONAL**
Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR certification exam.

**LEAN SIX SIGMA GREEN BELT AND BLACK BELT (Exam Cost Included)**
Learn the principles of both Lean Six Sigma Green Belt and Lean Six Sigma Black Belt, before sitting for the certification exams.

**HVAC/R CERTIFIED TECHNICIAN (Vouchers Included)**
Expand your knowledge and application of project management concepts with this online course and get prepared for either the CAPM or PMP certifications.

**CERTIFIED MEDICAL ADMINISTRATIVE ASSISTANT WITH MEDICAL BILLING AND CODING (Vouchers Included)**
This course will teach you how Administrative Medical Assistants are versatile and valuable members of the healthcare team who handle a broad range of duties. You will also be prepared for the Certified Medical Administrative Assistant (CMA) national certification exam offered by the National Healthcare Association (NHA).

**CLINICAL DENTAL ASSISTANT**
After completion, you'll be ready to pursue certification as a dental assistant by passing the radiology and infection control portions of the Dental Assisting National Board examination.
Kids in the Kitchen—24SYKK
Calling all 4th-8th graders for a course of delicious food and learning how to cook for yourself and family! Each session we’ll get hands-on and cover fundamentals such as basic skills, how to read and follow a recipe, measuring and mixing, and the importance of kitchen safety. Best of all, we’ll get into the fun details of cooking, including easy, healthy and delicious foods to help get you through the summer. Along the way, kids will learn how to make great food that will impress their family and friends. Space is limited call today!

Instructor: Marci Behrens
Starts: Tuesday, May 28 and Wednesday, May 29
Length: 2 sessions 8:00 am to 12:00 pm
Fee: $39

Hunter Education (Firearm Safety) Skills Field Day—24SGOHE
This skills session will satisfy part two of Missouri Hunter Education requirements. To obtain hunter education certification you must also attend part one (online, self-study, or a classroom session) and bring along your skills session qualifier certificate or a student manual with the review questions completed. Those who have not completed the part one knowledge portion will not be able to attend the part two skills portion. Students 15 and under must also bring a copy of their birth certificate or other proof of age. The final exam will be administered at the end of the skills session. Register online at: https://mdc-event-web.s3licensing.com/

Please arrive a minimum of 15 minutes before the beginning of the class to complete registration; late arrivals will not be admitted so please arrive early. In the event of a cancellation, you will be contacted by email and/or phone. Please contact Conservation Agent Kris Smith at (816) 261-1245 if you have any questions.

Note: Students who are 16 and over and have completed the all-online Hunter Education course are certified and do not need to attend an in-person skills session. Anybody completing online hunter education can participate in the skills field day. Register on-line for the course. If you need more information contact the St. Joseph regional office at 816-271-3100 or www.mdc.mo.gov. You will receive your hunter education certification after completing the online hunter education course and the skills field day. This class is for any person 11 or older needing Hunters Education Certification. This is the skills portion only.

Instructor: MO Conservation Department
Starts: To Be Announced
Length: 1 session 5:00 pm to 9:00 pm
Fee: free

Baby-sitter’s Training—24SYBT
Are you ready to start your babysitting career or update your skills? 5th-8th graders (minimum age of 11 years old). Bring a baby doll and a sack lunch.

Instructor: Kathy Lipiec
Starts: Saturday, March 9
Length: 1 session 8:30 am to 3:30 pm
Fee: $45 plus supplies

TECHNICAL

Welding Fundamentals—23FTWF
A 20 hour program specially designed to gain knowledge in welding repair. Students will be exposed to Oxy-fuel cutting and brazing, Shielded Metal Arc welding (stick) and Gas Metal Arc welding (MIG).

Starts: On demand
Length: 7 sessions 4:00 pm to 7:00 pm
Fee: $350

Basic Refinishing—24STBR
This class uses a hands-on approach and will offer the newcomer training in the basics of refinishing. Students will bring a small project (chair or table) to refinish in class. Proper safety techniques will be demonstrated and emphasized throughout the course.

Instructor: John Monjar
Starts: Monday, April 22
Location: Monjar’s Wood Shop-990 South Hester
Length: 5 sessions – week 1 6:00 pm to 8:00 pm, week 2 6:00 pm to 8:00 pm, week 3 6:00 pm to 6:30 pm, week 4 6:00 pm to 6:30 pm, week 5 6:00 pm to 6:30 pm
Fee: $38

FIVE EASY WAYS TO REGISTER

PHONE: 660-671-1283, ask for Lori Tally
WALK-IN: You may register in person at Northwest Technical School. Hours: Mon.-Fri., 8 am to 4 pm
MAIL-IN: You may register by completing the registration form and mailing it with your fee to: Community Education 1515 South Munn Maryville, MO 64468
EMAIL: tally@maryviller2.com

ONLINE REGISTRATION
American Red Cross CPR/First Aid/AED—24SHCCPR
This hands-on course teaches you responses and skills for how to respond in emergency situations. Course content can include Adult or Child CPR skills. This course can be tailored to meet the needs of the group wanting to take or update their CPR skills.

Offered the 1st Monday’s of each month February 5, March 4, April 1, and May 6 6:00 pm to 9:00 pm
Class will be cancelled if at least 8 students are not enrolled. Call 660-671-1283 to enroll!
Fee: $40

TABE Testing
Enrollees in EMT Class must meet certain grade level standards which are established through the TABE Test. Contact Northwest Technical School Office at 660-562-3022, to schedule a testing date. Cost $20
Northwest Technical School is a Regional Testing Site that hosts the Certified Nursing Assistant (CNA) exam. CNA candidates who have completed the course can log on to mo.tmute.com to see available test dates at Northwest Technical School.

Certified Nursing Assistant – 24SHCCNA
Receive 75 hours of classroom training as a nurse assistant in skilled residential care. Classroom study coincides with 100 hours of clinical training at your place of employment. Cost does not include certification exam.

Instructor: Linda Jenkins and Barbara Schooler
Starts: Tuesday, January 23 (Tues/Thurs 3:00 pm to 7:00 pm)
Length: 19 sessions
Fee: $800 plus $125 for certification and testing to testing company

Certified Medication Technician (CMT) (Includes Insulin Administration)—24SHCCMT
Upgrade your CNA skills to become a medication technician in a skilled care facility. The four-hour insulin administration component certifies a medication technician to administer insulin in a skilled health care facility. Call for details if you only need the insulin administration component. Students must be an active CNA for 6 months, take and pass a TABE test, and have a letter of recommendation from a DON or administrator.

Starts: Tuesday, January 16 (Tuesday/Thursday’s 9 am-2 pm)
Length: 60 class hours, 8 clinical hours and 2 final hours
Fee: $650 tuition, plus book and insulin certification

Emergency Medical Technician – 23FHCEMT
This course requires a TABE test and an interview process. Students completing this program will be eligible for National Registry testing and licensing as an EMT. The Program is also Accredited by the Bureau of EMS State of MO. Any certified EMT needing additional CEU’s call 660-671-1283 to enroll in a segment of this course to meet requirements.

Starts: TBA
Fee: $1000 plus testing and supply fees

EMT-B CEU Classes – 23FHCEMTB
Classes will coincide with regular EMT course schedule at NTS. Pre-registration required 3 days prior to class date to schedule testing and get certification.

Starts: Call for schedule—6:00 pm to 10:00 pm
Fee: $25 per class

IV Therapy for LPNs – 23FIVT
Prerequisite: Must be Licensed Practical Nurse. The LPN will use knowledge, skills and competencies required to perform such therapy safely and in accordance with the Missouri Nursing Practice Act. The course includes forty (40) hours of classroom instruction. The arrangement of eight hours required clinical is the responsibility of the student.

Starts: On Demand
Length: 40 hours classroom, 8 hours clinical
Fee: $400 (plus book)

Interested in becoming a nurse or health care professional?
Let NCMC help you achieve your goal!
Practical Nursing, Associate Degree Nursing, Radiology Tech, Surgical Tech and Sonography programs offered at our Savannah Campus.
A+ eligible programs!

Follow us for educational opportunities on Facebook at Mosaic Maryville in the Community or call 660.562.7945 for more information.
Computer for the Absolute Beginner-24SCAB
This class is designed for people who have little to no experience with computers and would like to begin developing this skill. We will focus on the most basic skills: turning the machine on and off, using the mouse, navigating Windows, personalizing and organizing your machine, and e-mail. There will be time set aside for special requests if there is a topic that someone would like to be covered.
Instructor: Donovan Harris
Starts: Monday, January 22 (meets January 22, 29, and Feb 5)
Length: 3 sessions 3:00 pm to 5:00 pm
Fee: $59

Basic Computer Operations-24SCBC
Topics include terminology and the basic components of the computer. You will learn to navigate Windows, the basics of word processing, spreadsheet applications and the Internet. There will be time set aside for special requests if there is a topic that someone would like to be covered.
Instructor: Donovan Harris
Starts: Monday, February 12 (meets Feb 12, 26, March 4 and 11)
Length: 4 sessions 3:00 pm to 5:00 pm
Fee: $79

Owning a Computer -24SCOAC
We’ve all seen commercials for miracle programs that will speed up and clean up your computer to make it as good as new. What these commercials don’t tell you is that you can do it all yourself — for free! Using programs already installed on your machine and free software available on the internet, you will learn how to maintain your computer and keep it running at its best possible performance.
Instructor: Donovan Harris
Starts: Monday, March 18 (meets March 18 and 25)
Length: 2 sessions 3:00 pm to 5:00 pm
Fee: $49

Microsoft Word -24SSCOBW
Learn the basics of word processing. Topics covered will be formatting of text and graphics, and an overall acquaintance with the features of Microsoft Word. There will be time set aside for special requests if there is a topic that someone would like to be covered.
Instructor: Donovan Harris
Starts: Monday, April 8 (meets April 8 and 15)
Length: 2 sessions 3:00 pm to 5:00 pm
Fee: $49

Excel-24SCOBE
Set up a spreadsheet with simple formatting and simple formulas. Develop the use of formulas and formatting to enhance the basic spreadsheet for various business or home users.
Instructor: Donovan Harris
Starts: Monday, April 22 (meets April 22 & 29)
Length: 2 sessions 3:00 pm to 5:00 pm
Fee: $49

Jitterbug Swing- -24SDMJS
Be more confident on the dance floor and learn the basics of this fun, energetic dance for all age groups. Jitterbug is a popular dance for beginners and is easily performed to various music genres.
Instructor: Julene Krause
Starts: Tuesday, February 27 (meets February 27, March 5, 12, 19 and 26)
Length: 5 sessions 7:00 pm to 8:30 pm
Fee: $59

Western Two Step——-24SDWBW
Come dance away the winter blues and learn the Western Two Step. Two stepping is a lively dance with turns and twirls as you progress around the ballroom dance floor.
Instructor: Julene Krause
Starts: Tuesday, January 9 (meets January 9, 16, 23, 30, and February 6)
Length: 5 sessions 7:00 pm to 8:30 pm
Fee: $59

Western and Ballroom Waltz——-24SDWBW
Waltz around the dance floor with graceful ease. A popular dance for weddings, special occasions or just for fun. If you have taken the Western Two step, this is a good follow up class.
Instructor: Julene Krause
Starts: Tuesday, April 2 (meets April 2, 9, 16, 23, and 30)
Length: 5 sessions 7:00 pm to 8:30 pm
Fee: $59
Supervisory Certificate Series

Course Description: Take your supervisory and leadership skills to the next level! This series addresses key topics in the role of a supervisor and leader—relationships, communication, teams, conflict, legal responsibilities, and coaching—and includes hands-on activities and interactive discussions so participants are engaged and learn from each other. The course is designed by the Missouri Training Institute (part of the University of Missouri Trulaske College of Business and University of Missouri Extension) and taught by MU Extension. Participants receive a supervisory skills certificate upon completion of all of the sessions in the series.

Sessions include:

Session 1: Building Effective Relationships (full-day session)
Building effective relationships with the team members you supervise is one of the best strategies to ensure team performance and prevent future conflicts. By focusing on relationships, you gain trust and respect. This full day session will examine personality differences, generational differences, and how to proactively build trust.

Session 2: Communicating Successfully (half-day session)
In today’s fast-paced business environment, successful communication requires more than just speaking your mind loudly enough for others to hear you. This session will sharpen both your written and verbal communication skills to maximize understanding and minimize confusion among those you communicate with.

Session 3: Your Legal Responsibilities (half-day session)
Supervisors are often placed in a difficult position. On one hand they are charged with motivating and directing the workforce. On the other, they must protect the organization from liability. This session will explore the legal responsibilities of the supervisory role by examining best practice solutions to discrimination, sexual harassment and the progressive discipline process.

Session 4: Guiding Conflict Resolution (half-day session)
In the workplace, even healthy differences can escalate into conflict. Addressing conflict quickly and effectively is a crucial supervisory skill. This session enables participants to recognize the signs that conflict exists, assess each conflict situation and serve as a catalyst to encourage those involved to achieve resolution.

Session 5: Leading High-Performance Teams (half-day session)
As the supervisor, you are responsible for the leadership of your staff. This session will address the interpersonal and organizational advantages of working together. You will also participate in some experiential learning exercises that illustrate what it takes to lead others through the challenges of team development. Finally, learn how to set team boundaries and communicate team expectations to increase the commitment and performance of your employees.

Session 6: Coaching Employees (full-day session)
The coaching process is central to performance management. By creating the appropriate climate and context to empower individuals and teams, great coaches are able to achieve extraordinary results. The workshop will provide you the coaching tools you need to motivate, delegate and diagnose performance problems; provide performance feedback; and facilitate the problem-solving process for employees.

Instructors: University of Missouri Extension faculty, including Amie Schleicher, associate extension professional and field specialist in livestock, and Jessica Trussell, field specialist in human development.

Length: Six sessions over the course of four weeks (some sessions take the entire time; other sessions are half-day sessions); participants can attend one or more of the sessions but must attend all six to earn supervisory certificate

Time: Full-day sessions, 7:00 am to 2:30 pm; half-day sessions either 7:00 am to 10:00 am or 10:30 am to 2:30 pm

For more information, call 660-562-3022.
Babysitter’s Training - 18FYBT
Are you ready to start your babysitting career or update your skills? 5th-8th graders (minimum age of 11 years old). Bring a baby doll and a sack lunch.
Instructor: Kathy Lipiec
Starts: Saturday, November 3
Length: 1 session 8:30 am-3:30 pm
Fee: $45 plus supplies

Kids Dog Training Class - 18FPEKDT
This course is presented to help kids ages 7 to 15 learn about basic dog obedience, dog handling, safety around dogs, and responsible dog ownership. Also learn how to teach tricks to their dog. If kids don’t have a dog, but still want to participate then a dog will be provided for them to work with in the class.
Instructor: Elaine Wallace CT, APDT
Starts: Sunday, November 4
Length: 4 sessions 2:00-3:00 pm
Fee: $20
Supplies: Dog, buckle collar, leash, soft treats {no retractable leashes, choke collars, or pinch collars

Basic Archery - 18FGOBA
Come and learn the fundamentals of archery safety and proper form for executing the shot. Students will be instructed in proper form using the Genesis bow and arrows. Students will be allowed to shoot after demonstrating knowledge of safety rules and proper form. Families are welcome to join!
Instructor: Tom “Big Bird” Ciak
Location: Big Birds Bait 216 N Main Street Maryville
Starts: Wednesday, October 24
Length: 4 sessions 6:00-8:00 pm
Fee: $20 (plus supplies)

Hunter Education (Firearm Safety) Skills Field Day - NEW - 18FGOHE
Anybody completing online hunter education can participate in the skills field day. Register on-line for the course. If you need more information contact the St. Joseph regional office at 816-271-3100 or www.mdc.mo.gov. You will receive your hunter education certification after completing the online hunter education course and the skills field day. This class is for any person 11 or older needing Hunters Education Certification. This is the skills portion only.
Instructor: Chad Gray
Starts: Saturday, August 25
Length: 1 session 8:00 am-12:00 pm
Fee: Free

GIFT CERTIFICATES AVAILABLE!
Give a class as a gift. Buy a gift certificate in any amount which can be applied to the cost of tuition. For more information please call 660-671-1283 or email Lori at tally@maryviller2.com.
2024 Spring Occupational Classes
in conjunction with
St. Joseph Safety & Health Council
AREIAL/SISSOR LIFT
8 am to 11 am, April 2, 2024 in Maryville

COACHING THE LIFT TRUCK OPERATOR
8 am to 11 am, April 11, 2024 in Maryville

CONFINED SPACE ENTRY
8 am to 4 pm, May 2, 2024 in Maryville

Unless otherwise noted, all Maryville programming will be
hosted at Northwest Technical School
http://www.stjoesafteycouncil.org

Mosaic Medical Center - Maryville
In The Community

Mosaic Medical Center - Maryville offers a wide range of community based events throughout the year including:

• Walk With a Doc - Second Wednesday of Every Month
• Health and Fitness Fair - February 24 - Hughes Fieldhouse
• CPR/First Aid Courses - Upon Request
• Stop the Bleed - May and Upon Request
• Tobacco Cessation - November, January and Upon Request
• Maryville Market - Screening Opportunities and Education
• Awareness Month Information

If you would like more information, please call 660.562.7945 or email bridget.kenny@mymtc.com.

Scan the QR code to like and follow our Facebook page for updates.

Mosaic Medical Center - Maryville

Business Solutions
Maryville Public Library
8:15 Networking
8:30 Business Solutions
9:30 Round table of lessons learned
RSVP’s preferred – econlisa@nodaway.biz

Tuesday, January 23
Building a Balanced Business –
Adam Summers
Setting a business up to succeed.

Business Marketing
Hannah Christian
Finding and connecting with customers

Wednesday, March 27
Business Strategies
How, When, & Where to finance a business

Tuesday, February 27

Wednesday, April 24
Business Tax
Deductions and Bookkeeping Tips

Wednesday, May 22
Customer Service
Nate Jaster
Building Business Culture

Wednesday, June 26
How to build a Team
Ben Blackford
First hire, intro into HR

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